

Harvest Bar | October 6th – 10th, 2025

Options to offer in each of the 6-8 bins on the bar and guidelines.

- Fresh produce items will be updated each month. Items no longer in season will be removed and new items in season will be added.
- Please refer to the Food Services Resources page, in the Harvest Bar section, for other helpful information.

SALAD BASE Offer one of these DAILY	DARK GREEN VEGETABLE Offer one of the following or a combination of both 2x or more/wk	RED/ORANGE VEGETABLE Offer 3x/wk	*VEGETABLE JUICE/SLUSH Offer NO more than 2x/wk	FRESH FRUIT Offer Daily	FRESH FRUIT Offer Daily	*FRUIT JUICE/SLUSH Offer NO more than 2x/wk
<ul style="list-style-type: none">• Romaine Mix Salad• Romaine Thick Shred<ul style="list-style-type: none">○ Use only for burgers & sandwiches• Coleslaw Mix, Shredded Cabbage <p>OPTIONAL EXTRA Croutons</p>	<ul style="list-style-type: none">• Broccoli Buds• Romaine Mix Salad (under SALAD BASE) <p>OTHER VEGETABLE Offer 1x/wk or more</p> <ul style="list-style-type: none">• Celery Sticks• Cauliflower Florets <p>FARMER’S HARVEST Auto Shipped, Offer Weekly (Use in Cucumber Salad recipe on 10/16)</p> <ul style="list-style-type: none">• Aziz Farms Mini Persian Cucumbers	<ul style="list-style-type: none">• Petite Baby Carrots• Carrot, Shredded• Grape Tomato• Tomato Slices<ul style="list-style-type: none">○ Use only for burgers & sandwiches <p>BEANS/PEAS Offer 2x/wk</p> <ul style="list-style-type: none">• Vegetable Crunchies• Garbanzo Beans	<ul style="list-style-type: none">• Orange Medley Juice• Paradise Vegetable Juice• Cherry Smooth Cup• Tropical Trio Slush <p>*ONLY 1 slush/juice, vegetable or fruit slush is allowed on any day</p> <p>ANY VEGETABLE Offer 3x/wk. Can offer any from the groups listed below.</p> <ul style="list-style-type: none">• Dark Green• Red/Orange• Beans/Peas• Other	<ul style="list-style-type: none">• Apple• Banana• Orange• Pear, Bosc• Plum• Kiwi• Red Grapes	Choose from the same options available under the previous “FRESH FRUIT” slot.	<ul style="list-style-type: none">• Cherry Lemon Cup• Strawberry Creamsicle• Raspberry Passion Fruit Slush• Frozen Tangerine Juice Cup <p>* ONLY 1 slush/juice, vegetable or fruit, is allowed on any day</p> <p>Offer another fresh fruit or vegetable if slush not served or use a full pan of an item to fill the space on the bar.</p>

Condiments

Tajin Seasoning Packet	Ranch Dressing	Liquid Chamoy
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How Many Bins on the Bar: Depending on what size bin is used - large full size or the long, skinny size – the number of bins will vary from 6 to about 8. For popular items, use the large full-size bin. For less popular items, use the long skinny bin.